INFOPACK
YOUTH EXCHANGE

Date: **09-19.05.2025**
APV: **27-28.01.2025**

Project venue: **Korbielów, Poland**
APV: **Katowice**

Participating countries: **Poland, Bulgaria, Lithuania, Malta, Turkiye**

Nr of participants per country:
6 participants plus 1 leader (7 people)

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ABOUT THE PROJECT

The project "EcoVision: Inspiring Change for a Cleaner World" is an international meeting of young people from the European countries, which aims to increase the involvement of young people in the local, national and European community, by simulating participation in democratic processes, in active actions for the environment. We believe that building awareness among young people about how great the human impact on the environment is, and how important it is to take care of it, is insanely important from the perspective of people of the 21st century, who have to deal with many problems created by the overexploitation of the environment in previous centuries. The aim of the project is to share experiences among young people so that they learn as many good practices as possible that will allow each individual to take care of the planet. The main element of the project is a youth exchange in Poland, where, through various working methods and meetings with invited guests, we want to raise the level of our social commitment, as well as learn about our own cultures and, in the process, learn the attitude of openness and tolerance, which are listed as one of the basic values of the European Union.

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ABOUT THE PROJECT

Certification: You will receive a YouthPass certificate at the end of the project. The certificate will be to validate your participation and learning achievements. Check more about YouthPass here!

Activities and methods: During the project, we will have two sessions a day combined with training. The sessions will be conducted using **non-formal education techniques**. Examples of methods include debates, group work, creating presentations, field game, meditation or artistic expression.

Participant profile: You should be 18-29 years old (for the leaders - 18+). You should have basic language skills that will allow you to communicate fairly freely among the participants. You should show your willingness to actively participate in class (skipping class and being constantly late is not acceptable. Class attendance is mandatory).

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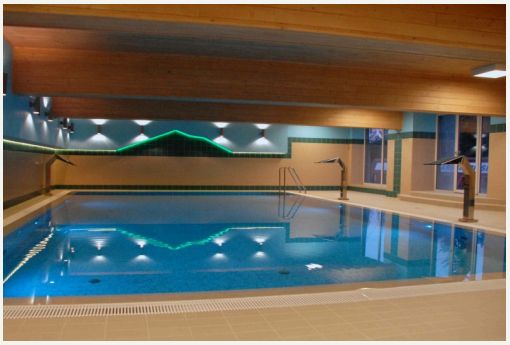
PROJECT VENUE

Korbielów, Poland - check it on the map here. The village is located in the mountains and is far from large cities. There are no big shopping malls, pubs or clubs nearby. Access to major cities is very difficult, there won't be any possibility to visit any of them during our stay.



The hotel provides towels, linens and hair dryers (typical hotel ones). There is no laundry service at the hotel, but there is one iron for guests. In the hotel there is small pool, sauna and ping-pong table. There is a free wifi in the hotel.

Website of the hotel (only PL): https://pilsko.org

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ACTIVITIES

Workshops - during the project we will held many both indoors and outdoors workshops around the topic, using the non-formal methods of learning. Some of them will be prepared by national teams - we will discuss everything during the APV.

Field game - during the project, we will organize a field game for you, which will take place in the mountains! Maybe the peak is not very high or difficult to climb, nevertheless, taking good footwear (remember that late winter/early spring in Poland could be very cold, windy, rainy or snowy!), warm (waterproof) jacket and small backpack to carry water and snacks will be a wise move!

Cultural evenings - youth exchanges are a time when we learn about other cultures. The best for this are cultural evenings, during which participants introduce their countries, treat others to some produce. Remember, you can take something special from the place where you live!

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APV

Before the main meeting, we organize a preparatory meeting. Each team will send us two people, with whom we will work out the details of the exchange!

APV will be held in Katowice from January 27th to 28th. On the first day, we will have dinner together (around 5pm). On the second day, we will spend the whole day working together in our office.

It is good practice for the person who comes to the APV to be the group leader later. This definitely makes communication easier!

Maximum amount that can be reimbursed fot the travel to Katowice (city center):
Bulgaria 250€
Lithuania 250€
Malta 250€
Turkiye 250€

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TRAVEL EXPENSES

TRAVEL EXPENSES OF THE PARTICIPANTS ARE COVERED IN LINE WITH **ERASMUS+ PROGRAMS RULES**. PLEASE KEEP THE ORIGINALS OF THE TRAVEL TICKETS, AS WITHOUT SUCH DOCUMENTS WE WILL NOT BE ABLE TO MAKE THE REIMBURSEMENT - the amount that you will get back is callculated according to this documents.

Maximum amount that can be reimbursed:
Bulgaria - 382€ (eco travel only) / 274€ (with flights)
Lithuania - 382€ (eco travel only) / 274€ (with flights)
Malta - 274€(with flights)
Turkiye - 274€ (with flights)

This amount is to cover the travel from your venue to Katowice. We are covering the organised transport from Katowice to Korbielów, but **YOU NEED TO BE ON TIME FOR THE BUS**.

The tickets should be the most convinient, eco and cheapest option (NO 1st or business class). If you're not sure if your expense will be covered, please send your travel plans to the hosting NGO before buying the tickets (Mon-Fri 9-15).

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ABOUT THE TRAVEL

Remember, that only public transportation and carpooling is allowed, no taxis or Uber/Bla Bla Car/similar. The reimbursement cannot be done according to the screenshots from the application. :(We're not reimbursing the travel tickets for sightseeing or hotel. The accomodation and food (three melas/day, one with 3 courses, is provided by the hosting NGO).

The meeting point on 9.05 will be in the city center of Katowice and the hosting NGO is organising the travel between Katowice and Korbielów - it is the cheapest and most comfortable option. The bus will leave at 5pm, please don't be late.

On 19.05 we will leave Korbielów around 9am and will be in Katowice around 11. The nearest airport is around 1h away from the city center. Note that when organising your travel!

The cost that could not be reimbursed, but it's highly recommended by us is to buy the travel insurance or have the **European Health Insurance Card** (free option).

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SIGHTSEEING

Remember that you will **not have time to visit other cities during** the project. Cracow, Auschwitz, Warsaw are very far from Korbielów. However, you can visit them **before as well as after the project** - for all of this places there are direct buses and/or trains from Katowice! We can recommend you some “must-see” places in Cracow and Warsaw.

*Also remember that to go to Auschwitz, you must check avaliability and book the tickets (there are limits in visitors/hour). The best way to do this is through the website: https://www.auschwitz.org/. This museum is not recommended for sensitive people!

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REMEMBER!

IT IS NOT A VACATION: WHILE MAKING NEW FRIENDS AND ENJOYING THE BEAUTIFUL PLACE IS A BIG PART OF OUR PROJECT, WE'RE HERE TO DIVE DEEP INTO CRITICAL ISSUES AFFECTING YOUNG PEOPLE TODAY. OUR FOCUS IS ON FOSTERING PERSONAL GROWTH AND UNDERSTANDING, NOT ORGANISED TOURS.

FORGET ABOUT PASSIVE LEARNING: THIS ISN'T YOUR TYPICAL CLASSROOM SCENARIO. OUR SESSIONS ARE INTERACTIVE, PARTICIPATORY, AND DESIGNED TO ENGAGE YOU IN ACTIVE LEARNING. WE'RE MOVING BEYOND LECTURES TO HANDS-ON ACTIVITIES, GROUP DISCUSSIONS, AND CREATIVE PROJECTS THAT MAKE LEARNING A DYNAMIC AND IMMERSIVE EXPERIENCE.

LUXURY ISN'T OUR FOCUS: WE'RE COMMITTED TO PROVIDING A COMFORTABLE AND SAFE ENVIRONMENT FOR ALL PARTICIPANTS, BUT REMEMBER, THE ESSENCE OF OUR PROJECT LIES IN THE EXPERIENCE AND LEARNING, NOT IN HIGH-END ACCOMMODATIONS OR GOURMET MEALS. WE'RE MAKING THE MOST OF OUR RESOURCES TO ENSURE A MEANINGFUL AND IMPACTFUL EXPERIENCE FOR EVERYONE INVOLVED.

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FACILITATORS

Wojciech Gosek

graduate of International Political Science and Diplomacy, local activist, author of two novels. A trainer of key competencies and facilitator, he is involved in the implementation of projects on social and cultural issues.

Karolina Rzepecka-Jarosz

member of the board of the Foundation, sociologist, coordinatior of the European partnerships between NGOs, facilitator and experienced youth worker.

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Hope to see you soon!

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